

The Speakers Bureau is
a FREE service of the
Fairfax-Falls Church
Community Services
Board.



*Helping to Build a Better
Community since 1969*

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This publication can be made available in
alternative format upon request.
Please call 703-324-7000 or
TTY 703-802-3015 and allow a reasonable
period of time for preparation of the material.

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Speakers Bureau Directory



**Speakers available to
address schools, churches,
civic, community and
professional organizations.**

*Providing mental health, mental
retardation and alcohol and drug
services to the community since 1969*

Topics

Mental Illness: What Everyone Should Know – What is mental illness? Discussion of current treatments and therapies.

Terrorism-Related Stress: A Layperson's Guide to its Symptoms, Impact and Treatment – People who are exposed to sudden traumatic incidents and people exposed to ongoing stress from continuing threats of possible terrorist events may become symptomatic in response to these situations. This presentation outlines normal reactions to abnormal situations; ways people can act to minimize the impact on their mental health, and warning signs that professional help may be needed to augment self-help steps.

Jails vs. Hospitals – With the closing of state psychiatric hospitals, jails have become the new placement for persons with mental illness. Often, these individuals have been charged with minor offenses, such as disturbing the peace. This presentation addresses the trends in providing mental health care in jails and offers suggestions for improving the plight of those individuals with serious mental illness who find themselves in jails instead of hospitals.

Community Shelters and Homeless Outreach Services – Individuals with serious mental illness in our community at times take up temporary residence in community shelters when no other housing is available. Others are unable or unwilling to go to a shelter; they live on the streets and in the woods. This presentation will describe these populations and ways in which services are provided to them.

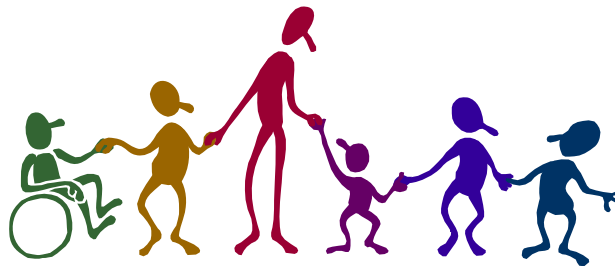
Intervention Services for At-Risk Children and Families – Mental health treatment for the very young is aimed at intervening early with children who may be at risk of later serious emotional disturbance. Interventions are designed to focus on parent-child interactions and on the children themselves.

Services for Infants and Toddlers with Developmental Delays – These services fall under the federal mandate, Individuals with Disabilities Education Act, and are available for infants and toddlers birth through age three who have developmental delays. Eligibility criteria and types of services and developmental screenings will be discussed.

Community Support for Individuals with Mental Retardation – Learn about community-based services for persons with mental retardation who are transitioning from school to work as well as self-advocacy activities.

Career Opportunities: Helping Others – Do you like helping people? Looking for a career change? Learn about the different career opportunities in this field.

Volunteer Opportunities – Do you have a special skill or interest you would like to share with others? Come learn about the multitude of opportunities available within the Fairfax-Falls Church Community Services Board to tap into your interests.



Signs and Symptoms of Substance Abuse + Dispelling Myths – What is alcoholism...drug addiction? How does it occur? What are the best treatments? Do women have special risks and treatment needs? How can you help someone who has a substance abuse problem? What resources are available to you in the community?

Youth Survey – Learn the results of an assessment of youth (middle and high school) assets and risks related to alcohol and drug use, health, mental health and safety issues. What are the trends? What programs will address these issues?

Stress and You – Help identify your stress, explore ways to cope with it and build ways of managing stress in your daily routine. This session is available in English or Spanish.

Wellness Promotion and Youth – Resiliency traits are specialized psychological traits predictive of success and adjustment. These traits help us through stressful times and lay the foundation for success in all areas of life. Learn how to identify and support individual resiliency traits in your own life.

Parenting Skills Unveiled – What makes a person a good parent? Learn how to build good family communication skills and help with your child's development.

This directory covers topics related to mental health, mental retardation, substance abuse, prevention and intervention services. The list of topics is not all-inclusive. If there are other topics in these subject areas you are interested in, please contact us at 703-324-7003, TTY 703-802-3015.
